

As part of a strong commitment to dismantling systemic racism in our communities, the Centre for Diversity and Innovation staff and consultants have curated a list of resources to support learning about racism, anti-Black racism, COVID-19 related racism, and anti-racism approaches. The resources we have highlighted below address some of the questions we have been asked by community partners over the past few months. This is by no means an exhaustive list, nor does it cover all elements of racism. However, we hope it can encourage you to do further research.

WHAT IS RACISM?

Article sharing the stories of people who have experienced racism in Canada: <https://www.ctvnews.ca/canada/in-their-words-canadians-experiences-of-racism-1.4974360>

Article on ending systemic racism: <https://www.cbc.ca/news/canada/british-columbia/path-to-ending-systemic-racism-requires-rethinking-everything-say-advocates-1.5613605>

The difference between prejudice and racism: <https://www.thoughtco.com/racism-vs-prejudice-3026086>

A short video explaining systemic and institutional racism (in an American context): https://www.youtube.com/watch?v=YrHIQIO_bdQ

What is intersectionality? - a short video on how to look at discrimination and racism through an intersectional lens: <https://www.youtube.com/watch?v=w6dnj2lyYjE>

Reflections from a token Black friend on structural racism and implicit bias: <https://humanparts.medium.com/reflections-from-a-token-black-friend-2f1ea522d42d>

An overview of individual, cultural and institutional racism: <https://www.racialequitytools.org/fundamentals/core-concepts/racism>

An introduction on racialized poverty: <https://colourofpoverty.ca/wp-content/uploads/2019/03/cop-coc-fact-sheet-2-an-introduction-to-racialized-poverty-3.pdf>

West Vancouver Memorial Library's book recommendations on race and racism: <https://westvanlibrary.bibliocommons.com/list/show/161291571/1650698759>

Book reference: *Deep Diversity* by Shakil Choudhury (2015)

Exploring the conscious and unconscious dimensions of the human mind to identify personal bias and break patterns of prejudice to be able to work through issues of racial difference and foster greater equity and inclusion.

WHAT IS ANTI-BLACK RACISM (IN A CANADIAN CONTEXT)?

Article discussing the erasure of Canada's 200+ years history of Black slavery – “Canada's Slavery Secret”: <https://www.cbc.ca/radio/ideas/canada-s-slavery-secret-the-whitewashing-of-200-years-of-enslavement-1.4726313>

A short video on the history of anti-black racism in Canada: <https://globalnews.ca/video/7061877/a-brief-history-of-slavery-anti-black-racism-in-canadian>

Personal stories from Black Canadians, their history, culture and experience: https://www.bbc.co.uk/news/resources/idt-sh/black_in_canada

Article discussing Black history in Vancouver - *What happened to Vancouver's Black Neighbourhoods?*: <https://thetyee.ca/Analysis/2019/08/13/Vancouver-Black-Neighbourhoods/>

A short documentary about Hogan's Alley - a once thriving Black community established in Vancouver in the early 1900's: <https://www.youtube.com/watch?v=B-8lgpvj0Hg>

The Skin We're In - documentary from acclaimed journalist Desmond Cole that explores what it is to be Black in 21st century Canada. Do Black Lives Matter here?: <https://gem.cbc.ca/media/firsthand/season-2/episode-14/38e815a-00be178daef>

Article sharing the stories of people who have experienced racism in Canada: <https://www.ctvnews.ca/canada/in-their-words-canadians-experiences-of-racism-1.4974360>

Article on ending systemic racism: <https://www.cbc.ca/news/canada/british-columbia/path-to-ending-systemic-racism-requires-rethinking-everything-say-advocates-1.5613605>

Book reference: *Policing Black Lives: State Violence in Canada from Slavery to the Present* by Robyn Maynard (2017)
An intersectional approach to anti-Black racism that provides the first comprehensive account of almost 400 years of state-sanctioned surveillance, criminalization and punishment of Black lives in Canada, and calls for action in dismantling structures of racial domination.

Book reference: *Until We Are Free: Reflections on Black Lives Matter in Canada* edited by Rodney Diverlus, Sandy Hudson, and Syrus Marcus Ware (2020)

A compilation of writing on the latest developments in Canadian Black activism, including the use of social media in organizing efforts, Black-Indigenous alliances, and more.

WHAT IS COVID-19 RELATED RACISM?

Data from the Angus Reid Institute in partnership with the University of Alberta reveals the extent and depth to which more than 500 Canadians of Chinese ethnicity have been exposed to discriminatory behaviours, and the subsequent effects on their sense of self and belonging in Canada. <http://angusreid.org/racism-chinese-canadians-covid19/>

An article series detailing anti-Asian racism and responses during COVID-19 in different parts of Canada. <https://thetyee.ca/Opinion/2020/05/22/Racism-Rising-Asian-Canadians-Fighting-Back/>

Information and supports related to staying well during the COVID-19 pandemic, including the implications of isolation and quarantine, the disproportionate impact the crisis is having on equity seeking groups, community supports, and more. https://www.unifor.org/sites/default/files/documents/document/covid_mental_health_guide_en.pdf

Information, resources, and tools for communities to understand and respond to inequities and racism that has occurred as a result of the COVID-19 pandemic. <https://www.racialequitytools.org/fundamentals/resource-lists/resources-addressing-covid-19-with-racial-equity-lens>

New York Times video on anti-Asian racism in high schools due to COVID-19: <https://www.nytimes.com/video/opinion/100000007028034/racism-coronavirus-asians.html>

Responding to racism during the COVID-19 outbreak: <https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/responding-racism-during-covid-19-outbreak>

A compilation of articles on the impact of COVID-19 on race: https://www.embracerace.org/resources/resources?utm_source=EmbraceRace+Newsletter&utm_campaign=ec3e012c7e-EMAIL_CAMPAIGN_2020_04_13_11_26&utm_medium=email&utm_term=0_765f8c2a27-ec3e012c7e-

WHAT IS ANTI-RACISM? HOW CAN I BE ANTI-RACIST?

Actions to take if you witness racism.

Hollaback! Offers a variety of bystander intervention trainings, including intervention to stop police sponsored violence and anti-Black racist harassment and to address anti-Asian/American and xenophobic harassment: <https://www.ihollaback.org/harassmenttraining/>

Article highlighting steps you can take if you witness racism: <https://www.cbc.ca/news/canada/british-columbia/actions-intervene-racist-attack-1.5567244>

Learn about the history of Canada and what decolonization looks like.

Decolonization is for Everyone Ted Talk by Nikki Sanchez: <https://www.youtube.com/watch?v=QP9x1NnCWNY>

Decolonizing Practices Resource: <https://www.decolonizingpractices.org/>

Book reference: *The Inconvenient Indian: A Curious Account of Native People in North America* by Thomas King (2013)
A critical personal meditation on what it means to be “Indian” in North America, weaving the story of the relationship between Natives and non-Natives since their first encounters, and including refashioned stories about historical figures and events, a look at pop culture, and the cumulative effects of constantly changing laws and treaties on Native peoples and lands.

Book reference: *Unsettling Canada* by Art Manuel (2015)

A chronicle of the modern struggle for Indigenous rights that spans fifty years over a wide range of historical, national and international breakthroughs, told through the unique personal perspective of a Secwepemc leader and prominent Indigenous activist.

Book reference: *Unsettling the Settler Within: Indian Residential Schools, Truth Telling and Reconciliation in Canada* by Paulette Regan (2011)

A compassionate call to action for non-Aboriginal Canadians to undergo their own process of decolonization in order to be able to truly participate in the transformative possibilities of reconciliation in Canada.

Book reference: *Seven Fallen Feathers: Racism, Death, and Hard Truths in a Northern City* by Tanya Talaga (2017)

Explores the history of a small northern city that has come to manifest Canada’s long struggle with human rights violations against Indigenous communities.

Explore what it means to be an ally to BIPOC (Black, Indigenous, People of Colour).

A short video with 5 tips explaining how to be an ally to people of a marginalized group: https://www.youtube.com/watch?time_continue=50&v=dg86g-QlM0&feature=emb_title

9 Black Women to follow on Instagram who share Anti-Racist and Allyship content: <https://www.createcultivate.com/blog/black-female-voices-to-follow-on-instagram>

Further in-depth Reading List on White Allyship 101 (dismantling personal biases, recognizing systemic racism and supporting BIPOC individuals): <https://www.dismantlecollective.org/resources/>

Book reference: *How to be an Antiracist* by Ibram X. Kendi (2019)

A journey through an expanding range of antiracist ideas from basic concepts to visionary possibilities, to expose all forms of racism, understand their toxic consequences and work to oppose them in our systems and ourselves.

Book reference: *Me and White Supremacy* by Layla Saad (2020)

A 28-day journey based on a viral Instagram challenge, providing historical and cultural contexts, stories, definitions and journal prompts to help readers understand racism and do the vital work of dismantling their own biases in order to improve race relations.

Book reference: *So You Want to Talk About Race* by Ijeoma Oluo (2018)

Guiding readers of all races through topics ranging from intersectionality and affirmative action to “model minorities” to try to make what is seemingly impossible possible: honest conversations about race and racism, and how they affect every aspect of American life.

Explore writing, music and art by BIPOC folks.

Directory of BIPOC musicians, filmmakers, multimedia and visual artists: <https://www.antiracism.co/artist-directory>

BIPOC Fiction reading list: <http://www.artforourselves.org/reviews/read-bipoc-a-list-of-books-by-black-indigenous-and-or-people-of-color-writers>

Homegoing by Yaa Gyasi (2016)

A novel that traces the descendants of two half-sisters born in eighteenth-century Ghana over three hundred years to paint a monumental portrait of the forces that shape families and nations.

Sula by Toni Morrison (2004)

A novel that traces the lives of two black women from their days of fierce friendship in a small Ohio town, through paths of womanhood that sharply diverge, to their ultimate confrontation and reconciliation.

Solar Storms by Linda Hogan (1994)

A Native American girl coming of age in Oklahoma’s foster system decides to reunite with her family, and reconnects with her ancestral roots as she embarks on a fight to stop a project that will destroy sacred land.

Conflict Resolution for Holy Beings poems by Joy Hargo (2017)

A volume of poetry from the first Native American Poet Laureate of the United States that expresses the joys and struggles of the everyday against the grinding politics of being human.

Support/donate to BIPOC organizations working for justice.

List of Black Vancouver-Based Organizations: <https://www.straight.com/living/black-organizations-and-fundraisers-you-can-support-in-vancouver-and-british-columbia>

Vancouver Black Therapy and Advocacy Fund: <https://ca.gofundme.com/f/vancouver-black-therapy-amp-advocacy-fund>

Race Equity project working with racialized youth to develop programming, educational materials and policy recommendations to better address the barriers and challenges they face in fully participating in civic and community work. <https://www.huafoundation.org/work/race-equity.html>

SRO Collective: Donate or volunteer to prevent homelessness on the Downtown Eastside: <https://dtescollaborative.org/sustaining-donor-program/>

Raven Trust - Indigenous People's Legal Defense Fund: <https://raventrust.com/>

DTES Response - support marginalized people living on the Downtown Eastside: <https://dtesresponse.ca/>

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The Centre for Diversity and Innovation is dedicated to creating an equitable and inclusive North Shore community through customized diversity workshops for adults and youth, innovative community engagement initiatives, and resource development.